

ANCHOR BAY HIGH RUGBY

2026 PRESEASON WORKOUTS

WHERE?

THE SPORTS ACADEMY
30845 23 MILE RD
CHESTERFIELD, MI 48047

WHEN?

MONDAYS FROM 2:45 - 4:00PM
STARTING JANUARY 12TH

COST PER SESSION?

\$10



QUESTIONS?

EMAIL ABHRUGBY@OUTLOOK.COM